



COUNSELOR'S CORNER (PREK-2ND GRADE)

SCHWARTZ'S SUGGESTIONS

March 24 - 31, 2026



Brain Science

Learning Objective: Students will understand key parts of the brain that affect emotions and decision making and learn the concept of "flipping their lid" as their brain's stress response. We will read "Your Fantastic Elastic Brain" and learn about our Prefrontal Cortex (PFC), Amygdala, and Hippocampus using stuffies (Wise Owl, Guard Dog, and Elephant).



Kiker Kindness Crew!

If your child was nominated for KKC this semester, we've started meeting this week! We meet during lunch time.

Dolores Huerta Day

There's no school on **Tuesday, March 31st** in honor of Dolores Huerta. Dolores Huerta is a powerful leader who has spent her life fighting for fairness, equality, and the rights of workers especially farmworkers. She co-founded the United Farm Workers union and helped improve working conditions, wages, and safety for many people. We celebrate Dolores Huerta to honor her courage, her commitment to justice, and her famous message, "Sí, se puede!" ("Yes, we can!"), which reminds us that positive change is possible when we work together.

