October Promotions

Farm to School Month

We're participating in the Texas Department of Agriculture's Farm Fresh Challenge to raise awareness about the local foods we serve in our schools.

As a special bonus, students can enjoy a free whole grain chocolate chip cookie





Free Cookie Day

October 21, 2025

with a lunch meal.

National School Lunch Week

October 14-17, 2025

Get your school lunch passport ready! We are featuring global flavors from El Salvador, Italy, Peru, and India!

(PK) Mediterranean Salad with Chicken or Beans

taste the world:

Steamed Broccoli (PK) - Garden Side Salad Apples (Mango (PK) Chocolate Milk

Your school Lunch passports

National School Lunch Week

Featured Dishes:

Bean and Cheese Pupusas

with Plantains and Curtido

Penne Pasta

Peruvian Drumstick

with Quinoa Chaufa and Black Beans

Chana Masala

with Roasted Cauliflower

Download our mobile app to

access all Food Service needs.

schoolcafe

App Stare Google Play

View daily menus,

nutritional information,

ingredients and allergens.

www.SchoolCafe.com/AustinISD

Chicken Biscuit ®

or Cereal (VGP)PD+ Fruit & Milk

Fish Tacos with Mango Pico (*)

Pizza Dippers with Marinara (VPK)

SunButter & Jelly Sandwich

(P) (PR)

Fall Harvest Salad

with Chicken or Garbanzo Beans V

Fresh Steamed Broccoli (PK)

Garden Side Salad

Apples . Mango PK

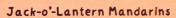
Chocolate Milk



Fall Harvest Salad

October 27-31, 2025

Lettuce topped with shredded cheese. dried cherries, choice of chicken or garbanzo beans, plus local apples and sweet potatoes, topped with honey mustard dressing, served with a local dinner roll.



October 31, 2025

Sweet, juicy, and fun to eat, we're serving mandarins for a healthy Halloween treat!



Menu Notes



We offer low fat and fat free milk daily at breakfast and lunch. K-12 students are not required to take milk.



Per federal guidelines, Pre-K students receive a set plate of vegetables, fruit, 1% unflavored milk, and choice of entree. Contact your school's café manager for dietary questions. The icon (®) used on the menu to the right identifies daily Pre-K selections.









Menus are subject to change. Austin ISD is an equal opportunity provider.

Monday

29

Chicken Biscuit ®

or Cereal @ 18 + Fruit & Milk

Fish Tacos with Mango Pico (PK)

Pizza Dippers with Marinara VP

SunButter & Jelly Sandwich

Asian Salad

with Chicken or Edamame®

Fresh Steamed Broccoli (PK)

Garden Side Salad

Apples . Mango (R)

Chocolate Milk

6

French Toast Sticks (V)(PK)

or Cereal V @ + Fruit & Milk

Chicken Burger (R)

Cheesy Baked Potato (VGF)(R)

with Dinner Roll

SunButter & Jelly Sandwich

Tuesday

30 French Toast Sticks (V)(R) or Cereal (VGF) PR) + Fruit & Milk

Beef Nachos (F) (PK) **Bean & Cheese Nachos**

WGF PK

SunButter & Jelly Sandwich (P) (PK)

Asian Salad

with Chicken or Edamame® Garden Side Salad Chilled Berry Cherry Mix . Bananas (PK)

7

Snack'n Waffle (V) (PK) or Cereal V & Fruit & Milk Crispy Beef Tacos

Tex-Mex Pizza

SunButter & Jelly Sandwich

Mediterranean Salad

with Chicken or Beans Zesty Black Beans (PK) Garden Side Salad Chilled Blueberries · Bananas PK

14

French Toast Sticks (V)(R) or Cereal (V) GP (PK) + Fruit & Milk

Bean and Cheese Pupusa (V @P PK) with Curtido (Salvadoran Slaw)

Hamburger (*) PK)

SunButter & Jelly Sandwich (P)(P)(P)

Chef Salad with Turkey or Beans (V) Ripe Plantain Slices (PK) Garden Side Salad · Apples (PK) (*) Frozen Watermelon Juice Cup

Snack'n Waffle (V)(R) or Cereal W @ B+ Fruit & Milk

Chicken Bites with Shells and Cheese

Shells and Cheese (V)(R) SunButter & Jelly Sandwich (PK)

Fiesta Salad (F) with Chicken or Beans Pretty Peas (R) · Garden Side Salad

Apples • Frozen Mixed Berry Cup PK Chocolate Chip Cookie (K)

French Toast Sticks (V)(8) or Cereal (VGP)PK)+ Fruit & Milk

Beef Nachos (F) (PK) **Bean & Cheese Nachos**

V F PK SunButter & Jelly Sandwich

(P) (PK) Fall Harvest Salad

with Chicken or Garbanzo Beans Zesty Black Beans (PK)

Garden Side Salad Chilled Berry Cherry Mix . Bananas PK

October 2025 - Elementary Breakfast & Lunch Menu Wednesday

Egg & Cheese Bagel (V)(R) or Cereal V @ + Fruit & Milk

Hamburger 40

Veggie Burger (V) (*)

SunButter & Jelly Sandwich (PK

Asian Salad with Chicken or Edamame

Curly Fries PK Cucumbers & Colorful Cherry Tomatoes Dried Sour Berries · Watermelon PK

Turkey Sausage Biscult (8) or Cereal V Fruit & Milk BBQ Drumstick @ with Biscuit ®

Rebellyous Kickin' Tenders with Biscuit (PR)

SunButter & Jelly Sandwich

Mediterranean Salad with Chicken or Beans Simple Succotash (PK) Cucumbers & Mini Peppers Grapes · Applesauce (PK)

Egg & Cheese Bagel V®

or Cereal (VGP)PO+ Fruit & Milk

Penne with Reef Meat Sauce

and Garlic Bread (*PK)

Penne with Marinara & Cheese

and Garlic Bread V (*)

SunButter & Jelly Sandwich

(P) (PK

Chef Salad with Turkey or Beans

Caesar Salad (PK)

Cucumbers & Cherry Tomatoes

Dried Sour Berries • Oranges PK

Turkey Sausage Biscuit ®

or Cereal W @ PO + Fruit & Milk

French Toast Sticks

with Turkey Sausage (R)

Bean & Cheese Tacos V (*) (*)

SunButter & Jelly Sandwich

(PK)

Fiesta Salad ®

with Chicken or Beans V

Cucumbers & Colorful Carrots

Orange Juice - Chilled Strawberries (PK)

Egg & Cheese Bagel VX

or Cereal (V) GP PO+ Fruit & Milk

Hamburger (*)

Veggie Burger V * ®

SunButter & Jelly Sandwich

(PK)

Fall Harvest Salad

with Chicken or Garbanzo Beans

Curly Fries (PK)

Cucumbers & Colorful Cherry Tomatoes

Dried Sour Berries · Watermelon PK

Thursday

2 Blueberry Muffin & Yogurt V® or Cereal (VGP) + Fruit & Milk

Penne Alfredo with Garlic Bread (P)(P)(P)()

SunButter & Jelly Sandwich 99 PK

Asian Salad with Chicken or Edamame® Pretty Peas (PK)

Cucumbers & Colorful Cherry Tomatoes Grapes · Chilled Strawberries (R)

9 Whole Wheat Pancakes (V.PO) or Cereal V FP + Fruit & Milk Orange Chicken with Fried Rice R

Edamame with Fried Rice (F) (F) (PK)

SunButter & Jelly Sandwich

Mediterranean Salad

with Chicken or Beans V Garlic Green Beans Cucumbers & Mini Peppers Chilled Strawberries • Oranges (PK)

Blueberry Muffin & Yogurt V®

or Cereal (Fruit & Milk

Peruvian Drumstick

with Ouinoa Chaufa GF PK

Rebellyous Kickin' Tenders

with Dinner Roll (PR)

SunButter & Jelly Sandwich

(P)(P)

Chef Salad with Turkey or Beans

Zesty Black Beans (PK)

Cucumbers & Cherry Tomatoes

Mixed Berry Cup - Watermelon PK

23

Whole Wheat Pancakes VPO

or Cereal () () + Fruit & Milk

Chicken Burger (+ PK)

Turkey Power Pack

Turkey, Cheese, Wheat Thins, Carrots, Apple Slices

SunButter & Jelly Sandwich

(P) (PK)

Fiesta Salad (F)

with Chicken or Beans

Seasoned Green Beans (PK)

Cucumbers & Colorful Carrots

Applesauce · Oranges PK

Friday

3 Potato, Egg & Cheese Taco or Cereal & ®+ Fruit & Milk

Pepperoni Pizza

Cheese Pizza

SunButter & Jelly Sandwich

Asian Salad

with Chicken or Edamame Seasoned Corn PK Cucumbers & Colorful Cherry Tomatoes Wild Cherry Juice Cup . Apples PK







Potato, Egg & Cheese Taco (V) or Cereal (V GP) + Fruit & Milk

Chana Masala (GF) PK)

Pepperoni Pizza (*)

Cheese Pizza V

SunButter & Jelly Sandwich

(PA)PK)

Chef Salad

with Turkey or Beans V Roasted Cauliflower (PK) Cucumbers & Cherry Tomatoes Wild Cherry Juice Cup . Apples (PK)

24

Turkey Sausage Kolache (K) or Cereal V @ + Fruit & Milk Chicken Tenders with Dinner Roll

(PK) Falafel with Pita Bread (PR)

iddle Eastern crispy nugge made from chickpeas

SunButter & Jelly Sandwich

(P) (PK) Fiesta Salad @

with Chicken or Beans Baked Sweet Potato (PK)

Cucumbers & Colorful Carrots • Apples PK Frozen Watermelon Juice Cup

31

Potato, Egg & Cheese Taco V or Cereal & @ + Fruit & Milk

(P)(P)(P)

Cucumbers & Colorful Cherry Tomatoes

à Jack-O'-Lantern Mandarins (₱) €

30 Blueberry Muffin & Yogurt V® or Cereal (V @) et + Fruit & Milk

Penne Alfredo with Garlic Bread (V)(PK)

SunButter & Jelly Sandwich (P) (PK)

Fall Harvest Salad with Chicken or Garbanzo Beans

Pretty Peas PK Cucumbers & Colorful Cherry Tomatoes Grapes - Chilled Strawberries (PK)

Pepperoni Pizza Cheese Pizza

(V) (PK) SunButter & Jelly Sandwich

Fall Harvest Salad with Chicken or Garbanzo Beans Seasoned Com (PK)

Apples 🏖