

October Promotions

Farm to School Month

We're participating in the Texas Department of Agriculture's Farm Fresh Challenge to raise awareness about the local foods we serve in our schools.



National School Lunch Week

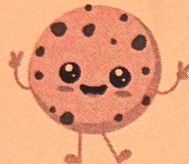
October 14-17, 2025

Get your school lunch passport ready! We are featuring global flavors from El Salvador, Italy, Peru, and India!

Free Cookie Day

October 21, 2025

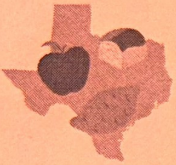
As a special bonus, students can enjoy a free whole grain chocolate chip cookie with a lunch meal.



Fall Harvest Salad

October 27-31, 2025

Lettuce topped with shredded cheese, dried cherries, choice of chicken or garbanzo beans, plus local apples and sweet potatoes, topped with honey mustard dressing, served with a local dinner roll.



Jack-o'-Lantern Mandarins

October 31, 2025

Sweet, juicy, and fun to eat, we're serving mandarins for a healthy Halloween treat!



Menu Notes



We offer low fat and fat free milk daily at breakfast and lunch. K-12 students are not required to take milk.

Pre-K





Per federal guidelines, **Pre-K students** receive a set plate of vegetables, fruit, 1% unflavored milk, and choice of entree. Contact your school's café manager for dietary questions. The icon (PK) used on the menu to the right identifies daily Pre-K selections.

 Vegetarian  Vegan  Gluten Free  Contains Local Ingredients  Pre-K Selections

Menus are subject to change.

Austin ISD is an equal opportunity provider.

October 2025 - Elementary Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
29 Chicken Biscuit (PK) or Cereal (V)(GF)(PK) + Fruit & Milk Fish Tacos with Mango Pico (PK) Pizza Dippers with Marinara (V)(PK) SunButter & Jelly Sandwich (V)(PK) Asian Salad with Chicken or Edamame (V) Fresh Steamed Broccoli (PK) Garden Side Salad Apples (PK) • Mango (PK) Chocolate Milk	30 French Toast Sticks (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk Beef Nachos (GF)(PK) Bean & Cheese Nachos (V)(GF)(PK) SunButter & Jelly Sandwich (V)(PK) Asian Salad with Chicken or Edamame (V) Zesty Black Beans (PK) Garden Side Salad Chilled Berry Cherry Mix • Bananas (PK)	1 Egg & Cheese Bagel (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk Hamburger (PK) Veggie Burger (V)(PK) SunButter & Jelly Sandwich (V)(PK) Asian Salad with Chicken or Edamame (V) Curly Fries (PK) Cucumbers & Colorful Cherry Tomatoes Dried Sour Berries • Watermelon (PK)	2 Blueberry Muffin & Yogurt (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk Penne Alfredo with Garlic Bread (V)(PK) SunButter & Jelly Sandwich (V)(PK) Asian Salad with Chicken or Edamame (V) Pretty Peas (PK) Cucumbers & Colorful Cherry Tomatoes Grapes • Chilled Strawberries (PK)	3 Potato, Egg & Cheese Taco (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk Pepperoni Pizza (PK) Cheese Pizza (V)(PK) SunButter & Jelly Sandwich (V)(PK) Asian Salad with Chicken or Edamame (V) Seasoned Corn (PK) Cucumbers & Colorful Cherry Tomatoes Wild Cherry Juice Cup • Apples (PK)
6 French Toast Sticks (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk Chicken Burger (PK) Cheesy Baked Potato (V)(GF)(PK) with Dinner Roll SunButter & Jelly Sandwich (V)(PK) Mediterranean Salad with Chicken or Beans (V) Steamed Broccoli (PK) • Garden Side Salad Apples (PK) • Mango (PK) Chocolate Milk	7 Snack'n Waffle (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk Crispy Beef Tacos (PK) Tex-Mex Pizza (V)(PK) SunButter & Jelly Sandwich (V)(PK) Mediterranean Salad with Chicken or Beans (V) Zesty Black Beans (PK) Garden Side Salad Chilled Blueberries • Bananas (PK)	8 Turkey Sausage Biscuit (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk BBQ Drumstick (PK) with Biscuit (PK) Rebelyous Kickin' Tenders with Biscuit (V)(PK) SunButter & Jelly Sandwich (V)(PK) Mediterranean Salad with Chicken or Beans (V) Simple Succotash (PK) Cucumbers & Mini Peppers Grapes • Applesauce (PK)	9 Whole Wheat Pancakes (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk Orange Chicken with Fried Rice (PK) Edamame with Fried Rice (V)(PK) SunButter & Jelly Sandwich (V)(PK) Mediterranean Salad with Chicken or Beans (V) Garlic Green Beans (PK) Cucumbers & Mini Peppers Chilled Strawberries • Oranges (PK)	 Follow us on Social Media @AustinISDFood   
14 French Toast Sticks (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk Bean and Cheese Pupusa (PK) with Curtido (Salvadoran Slaw) Hamburger (PK) SunButter & Jelly Sandwich (V)(PK) Chef Salad with Turkey or Beans (V) Ripe Plantain Slices (PK) Garden Side Salad • Apples (PK) • Frozen Watermelon Juice Cup	21 Snack'n Waffle (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk Chicken Bites with Shells and Cheese (PK) Shells and Cheese (V)(PK) SunButter & Jelly Sandwich (V)(PK) Fiesta Salad (PK) with Chicken or Beans (V) Pretty Peas (PK) • Garden Side Salad Apples (PK) • Frozen Mixed Berry Cup (PK) Chocolate Chip Cookie (PK)	15 Egg & Cheese Bagel (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk Penne with Beef Meat Sauce and Garlic Bread (PK) Penne with Marinara & Cheese and Garlic Bread (V)(PK) SunButter & Jelly Sandwich (V)(PK) Chef Salad with Turkey or Beans (V) Caesar Salad (PK) Cucumbers & Cherry Tomatoes Dried Sour Berries • Oranges (PK)	16 Blueberry Muffin & Yogurt (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk Peruvian Drumstick with Quinoa Chaufa (PK) Rebelyous Kickin' Tenders with Dinner Roll (V)(PK) SunButter & Jelly Sandwich (V)(PK) Chef Salad with Turkey or Beans (V) Zesty Black Beans (PK) Cucumbers & Cherry Tomatoes Mixed Berry Cup • Watermelon (PK)	17 Potato, Egg & Cheese Taco (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk Chana Masala (V)(PK) Pepperoni Pizza (PK) Cheese Pizza (V)(PK) SunButter & Jelly Sandwich (V)(PK) Chef Salad with Turkey or Beans (V) Roasted Cauliflower (PK) Cucumbers & Cherry Tomatoes Wild Cherry Juice Cup • Apples (PK)
27 Chicken Biscuit (PK) or Cereal (V)(GF)(PK) + Fruit & Milk Fish Tacos with Mango Pico (PK) Pizza Dippers with Marinara (V)(PK) SunButter & Jelly Sandwich (V)(PK) Fall Harvest Salad with Chicken or Garbanzo Beans (V) Fresh Steamed Broccoli (PK) Garden Side Salad Apples (PK) • Mango (PK) Chocolate Milk	28 French Toast Sticks (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk Beef Nachos (GF)(PK) Bean & Cheese Nachos (V)(GF)(PK) SunButter & Jelly Sandwich (V)(PK) Fall Harvest Salad with Chicken or Garbanzo Beans (V) Zesty Black Beans (PK) Garden Side Salad Chilled Berry Cherry Mix • Bananas (PK)	29 Egg & Cheese Bagel (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk Hamburger (PK) Veggie Burger (V)(PK) SunButter & Jelly Sandwich (V)(PK) Fall Harvest Salad with Chicken or Garbanzo Beans (V) Curly Fries (PK) Cucumbers & Colorful Cherry Tomatoes Dried Sour Berries • Watermelon (PK)	30 Blueberry Muffin & Yogurt (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk Penne Alfredo with Garlic Bread (V)(PK) SunButter & Jelly Sandwich (V)(PK) Fall Harvest Salad with Chicken or Garbanzo Beans (V) Pretty Peas (PK) Cucumbers & Colorful Cherry Tomatoes Grapes • Chilled Strawberries (PK)	31 Potato, Egg & Cheese Taco (V)(PK) or Cereal (V)(GF)(PK) + Fruit & Milk Pepperoni Pizza (PK) Cheese Pizza (V)(PK) SunButter & Jelly Sandwich (V)(PK) Fall Harvest Salad with Chicken or Garbanzo Beans (V) Seasoned Corn (PK) Cucumbers & Colorful Cherry Tomatoes Apples (PK) Jack-O'-Lantern Mandarins (PK)