



AUSTIN
Independent School District

Food
Service

Did you know...?

Facts About School Meals at Austin ISD



We offer breakfast and lunch daily at all schools, available to all students.



We are federally funded and are required to follow nutrition guidelines set by the U.S. Department of Agriculture.



Austin ISD menus are thoughtfully planned by our district dietitian and executive chef, and prepared daily by staff in each school kitchen.



When planning our breakfast, lunch, and afterschool meals, we focus on clean labels and avoid artificial additives, including food dyes.

Download our mobile app to access all your school meal needs!

schoolcafé



View Daily Menus, Nutritional Information and Allergens

Menu Notes



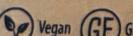
We offer low fat and fat free milk daily at breakfast and lunch. K-12 students are not required to take milk.



Per federal guidelines, **Pre-K students** receive a set plate of vegetables, fruit, 1% unflavored milk, and choice of entree. Contact your school's café manager for dietary questions. The icon (PK) used on the menu to the right identifies daily Pre-K selections.



Vegetarian



Vegan



GF



Contains Local Ingredients



Pre-K Selections

Menus are subject to change.

Austin ISD is an equal opportunity provider.

January 2026 - Elementary Breakfast & Lunch Menu

Monday

5



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Tuesday

6

Snack'n Waffle (V) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

Hamburger (PK)

Veggie Burger (V) (PK)

SunButter & Jelly Sandwich (V) (PK)

Chef Salad with Turkey or Beans (V)

Curly Fries (PK)

Garden Side Salad (PK)

Pear Crisp (PK)

Bananas (PK)

Wednesday

7

Turkey Sausage & Cheese Bagel (V) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

Penne Alfredo and Garlic Bread (V) (PK)

SunButter & Jelly Sandwich (V) (PK)

Chef Salad with Turkey or Beans (V)

Fresh Steamed Broccoli (PK)

Cucumbers & Cherry Tomatoes (PK)

Dried Sour Berries (PK)

Oranges (PK)

Thursday

8

French Toast Sticks (V) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

Chicken Tamale (G) (PK) with Spanish Rice (PK)

Cheese Quesadilla (V) (PK)

SunButter & Jelly Sandwich (V) (PK)

Chef Salad with Turkey or Beans (V)

Zesty Black Beans (PK)

Cucumbers & Cherry Tomatoes (PK)

Grapes + Applesauce (PK)

Chocolate Chip Cookie (PK)

Friday

9

Bean & Cheese Taco (V) (G) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

Pepperoni Pizza (V) (PK)

Cheese Pizza (V) (PK)

SunButter & Jelly Sandwich (V) (PK)

Chef Salad with Turkey or Beans (V)

Caesar Salad (PK)

Cucumbers & Cherry Tomatoes (PK)

Frozen Diced Peach Cup (PK)

Chilled Blueberries (PK)

12

Whole Wheat Pancakes (V) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

BBQ Drumstick (PK) with Cornmeal Super Star

BBQ Rebellious Tenders (V) (PK) with Cornmeal Super Star

SunButter & Jelly Sandwich (V) (PK)

Fiesta Salad (V) (PK) with Chicken or Beans (V)

Simple Succotash (PK)

Garden Side Salad (PK)

Apples (PK) Mango (PK)

Chocolate Milk (PK)

13

Banana Muffin with Yogurt (V) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

Chicken Burger (PK)

Turkey Power Pack (PK)

Turkey, Cheese, Wheat Thins, Carrots, Apple Slices (PK)

SunButter & Jelly Sandwich (V) (PK)

Fiesta Salad (V) (PK) with Chicken or Beans (V)

Sweet Potato Fries (PK)

Garden Side Salad (PK)

Bananas (PK)

Sliced Peaches (PK)

14

Chicken Biscuit (V) or Cereal (V) (G) (PK) + Fruit & Milk

Pancakes with Turkey Sausage (V)

Strawberry Yogurt Parfait (V) (PK)

SunButter & Jelly Sandwich (V) (PK)

Fiesta Salad (V) (PK) with Chicken or Beans (V)

Tater Tots (PK)

Cucumbers & Baby Carrots (PK)

Orange Juice (PK)

Chilled Blueberries (PK)

15

French Toast Sticks (V) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

Chicken Alfredo Flatbread (PK)

Pizza Dippers (V) (PK)

SunButter & Jelly Sandwich (V) (PK)

Fiesta Salad (V) (PK) with Chicken or Beans (V)

Caesar Salad (PK)

Cucumbers & Baby Carrots (PK)

Frozen Mixed Berry Cup (PK)

Fresh Pineapple (PK)

16

Turkey Sausage, Egg & Cheese Taco (V) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

Chicken Tenders with Dinner Roll (PK)

Bean & Cheese Pupusa (V) (G) (PK) with Curtido (Salvadoran-style slaw)

SunButter & Jelly Sandwich (V) (PK)

Fiesta Salad (V) (PK) with Chicken or Beans (V)

Ripe Plantain Slides (PK)

Black Bean & Corn Salad (PK)

Wild Cherry Frozen Juice Cup (PK)

Oranges (PK)

19

Snack'n Waffle (V) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

Beef Nachos (G) (PK)

Cheese Nachos (V) (G) (PK)

SunButter & Jelly Sandwich (V) (PK)

Asian Salad with Chicken or Edamame (V)

Pinto Beans (PK)

Chili Lime Cucumbers and Jicama (PK)

Chilled Strawberries (PK)

Banana (PK)

20

Snack'n Waffle (V) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

Beef Nachos (G) (PK)

Cheese Nachos (V) (G) (PK)

SunButter & Jelly Sandwich (V) (PK)

Asian Salad with Chicken or Edamame (V)

Pinto Beans (PK)

Chili Lime Cucumbers and Jicama (PK)

Chilled Strawberries (PK)

Banana (PK)

21

Turkey Sausage & Cheese Bagel (V) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

Hamburger (PK)

Rebellious Kickin' Burger (V) (PK)

SunButter & Jelly Sandwich (V) (PK)

Asian Salad with Chicken or Edamame (V)

Curly Fries (PK)

Cucumbers & Colorful Cherry Tomatoes (PK)

Dried Sour Berries (PK)

Oranges (PK)

22

French Toast Sticks (V) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

Penne with Beef Meat Sauce and Garlic Bread (V) (PK)

Penne with Marinara & Cheese and Garlic Bread (V) (PK)

SunButter & Jelly Sandwich (V) (PK)

Asian Salad with Chicken or Edamame (V)

Caesar Salad (PK)

Cucumbers & Colorful Cherry Tomatoes (PK)

Grapes + Frozen Strawberry Cup (PK)

Goldfish Crackers (PK)

23

Bean & Cheese Taco (V) (G) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

Pepperoni Personal Pan Pizza (V) (PK)

Cheese Personal Pan Pizza (V) (PK)

SunButter & Jelly Sandwich (V) (PK)

Asian Salad with Chicken or Edamame (V)

Baked Sweet Potatoes (PK)

Cucumbers & Colorful Cherry Tomatoes (PK)

Frozen Diced Peach Cup (PK)

Apples (PK)

26

Whole Wheat Pancakes (V) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

Chicken Lo Mein (PK)

Ramen noodles mixed with peas, carrots and Asian sauce topped with chicken bites (PK)

Pizza Dippers (V) (PK)

SunButter & Jelly Sandwich (V) (PK)

Mediterranean Salad with Chicken or Beans (V)

Garlic Green Beans (PK)

Garden Side Salad (PK)

Apples (PK)

Mango (PK)

Chocolate Milk (PK)

27

Banana Muffin with Yogurt (V) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

Crispy Beef Tacos (G) (PK)

Fish Tacos (V) (PK)

with Pineapple Pico de Gallo (PK)

SunButter & Jelly Sandwich (V) (PK)

Mediterranean Salad with Chicken or Beans (V)

Seasoned Corn (PK)

Garden Side Salad (PK)

Frozen Diced Peach Cup (PK)

Bananas (PK)

28

Chicken Biscuit (V) or Cereal (V) (G) (PK) + Fruit & Milk

Roasted Drumstick with Shells & Cheese (V)

Shells & Cheese (V) (PK)

SunButter & Jelly Sandwich (V) (PK)

Mediterranean Salad with Chicken or Beans (V)

Pretty Peas (PK)

Cucumbers & Mini Peppers (PK)

Chilled Strawberries (PK)

Oranges (PK)

29

French Toast Sticks (V) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

Chicken Burger (V) (PK)

Cheese Enchiladas (V) (G) (PK)

with Spanish Rice (PK)

SunButter & Jelly Sandwich (V) (PK)

Mediterranean Salad with Chicken or Beans (V)

Refried Pinto Beans (PK)

Cucumbers & Mini Peppers (PK)

Fresh Pineapple (PK)

Apples (PK)

30

Turkey Sausage, Egg & Cheese Taco (V) (PK) or Cereal (V) (G) (PK) + Fruit & Milk

Chicken Bites with Dinner Roll (PK)

Organic Bean & Cheese Burrito (V) (PK)

SunButter & Jelly Sandwich (V) (PK)

Mediterranean Salad with Chicken or Beans (V)

Fresh Steamed Broccoli (PK)

Cucumbers & Mini Peppers (PK)

Frozen Mixed Berry Cup (PK)

Apples (PK)