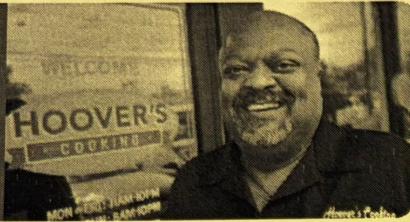


Celebrating Black History Month

We recognize

Hoover Alexander

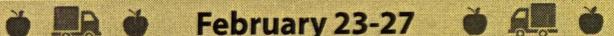
for helping to preserve and celebrate Southern and soul food traditions in Austin.



Hoover Alexander is a fifth-generation Texan and native East Austinite.

- He grew up visiting his family farm in Utley, picking fresh vegetables and learning to love real, "farm-to-table" cooking long before that idea became popular.
- He discovered his love for food while working many jobs in restaurants while attending the University of Texas, starting with bussing tables and washing dishes before learning to cook and manage kitchens.
- Hoover trained at famous Austin spots and learned from community chefs before opening his own restaurant.
- In 1998, he opened Hoover's Cooking, where he blends the Texas farm-fresh food of his childhood with Southern, Cajun, and other traditions.

Visit Hoover's Cooking at 2002 Manor Road, Austin, TX 78722.

 Source: HooversCooking.com

February 23-27
Join us in celebrating Austin ISD Food Service & Warehouse Workers Appreciation Week!
Menu Notes

We offer low fat and fat free milk daily at breakfast and lunch. K-12 students are not required to take milk.

 Per federal guidelines, **Pre-K students** receive a set plate of vegetables, fruit, 1% unflavored milk, and choice of entree. Contact your school's cafe manager for dietary questions. The icon (PK) used on the menu to the right identifies daily Pre-K selections.

 Pre-K
 Vegetarian (V) Vegan (GF) Gluten Free (L) Contains Local Ingredients (PK) Pre-K Selections

Menus are subject to change.

Austin ISD is an equal opportunity provider.

February 2026 - Elementary Breakfast & Lunch Menu
Monday

2

 Biscuit with Turkey Sausage (V) or Cereal (V) (GF) (PK) + Fruit & Milk
 Beef Hot Dog (V)
 Italian Grilled Cheese (V) (PK)
 SunButter & Jelly Sandwich (V) (PK)
 Chef Salad with Turkey or Beans (V)
 Roasted Cauliflower (PK)
 Garden Side Salad
 Frozen Strawberry Cup + Apples (PK)
 Strawberry & Chocolate Milk (PK)

Tuesday

3

 Snack'n Waffle (V) (PK) or Cereal (V) (GF) (PK) + Fruit & Milk
 Hamburger (PK)
 Veggie Burger (V) (PK)
 SunButter & Jelly Sandwich (V) (PK)
 Chef Salad with Turkey or Beans (V)
 Curly Fries (PK)
 Garden Side Salad
 Bananas
 Fresh Kiwi (PK)

Wednesday

4

 Healthy Heart Week
 Egg & Cheese Bagel (V) (PK) or Cereal (V) (GF) (PK) + Fruit & Milk
 Penne Alfredo and Garlic Bread (V) (PK)
 SunButter & Jelly Sandwich (V) (PK)
 Chef Salad with Turkey or Beans (V)
 Fresh Steamed Broccoli (PK)
 Cucumbers & Cherry Tomatoes
 Dried Sour Berries
 Oranges (PK)

Thursday

5

 French Toast Sticks (V) (PK) or Cereal (V) (GF) (PK) + Fruit & Milk
 Beef Tamale (V) (PK) with Spanish Rice
 Cheese Quesadilla (V) (PK)
 SunButter & Jelly Sandwich (V) (PK)
 Chef Salad with Turkey or Beans (V)
 Zesty Black Beans (PK)
 Cucumbers & Cherry Tomatoes
 Chilled Strawberries
 Applesauce (PK)

Friday

6

 Wear Red Day
 Bean & Cheese Taco (V) (PK) or Cereal (V) (GF) (PK) + Fruit & Milk
 Pepperoni Pizza (V) (PK)
 Cheese Pizza (V) (PK)
 SunButter & Jelly Sandwich (V) (PK)
 Chef Salad with Turkey or Beans (V)
 Caesar Salad (PK)
 Cucumbers & Cherry Tomatoes
 Strawberry Kiwi Juice Box (PK)
 Chilled Blueberries (PK)

9

 Whole Wheat Pancakes (V) (PK) or Cereal (V) (GF) (PK) + Fruit & Milk
 BBQ Drumstick (V) with Cornmeal Super Star
 Rebellyous Kickin' Tenders (V) (PK) with Cornmeal Super Star
 SunButter & Jelly Sandwich (V) (PK)
 Fiesta Salad (V) (PK) with Chicken or Beans (V)
 Simple Succotash (PK)
 Garden Side Salad
 Apples - Mango (PK)
 Strawberry & Chocolate Milk (PK)

10

 Banana Muffin with Yogurt (V) (PK) or Cereal (V) (GF) (PK) + Fruit & Milk
 Chicken Burger (PK)
 Turkey Power Pack (PK)
 Turkey, Cheese, Wheat Thins, Carrots, Apple Slices
 SunButter & Jelly Sandwich (V) (PK)
 Fiesta Salad (V) (PK) with Chicken or Beans (V)
 Sweet Potato Fries (PK)
 Garden Side Salad
 Bananas
 Sliced Peaches (PK)

11

 Chicken Biscuit (V) or Cereal (V) (GF) (PK) + Fruit & Milk
 Pancakes with Turkey Sausage (PK)
 Strawberry Yogurt Parfait (V) (PK)
 SunButter & Jelly Sandwich (V) (PK)
 Fiesta Salad (V) (PK) with Chicken or Beans (V)
 Tater Tots (PK)
 Cucumbers & Baby Carrots
 Orange Juice
 Chilled Blueberries (PK)

12

 French Toast Sticks (V) (PK) or Cereal (V) (GF) (PK) + Fruit & Milk
 Chicken Alfredo Flatbread (PK)
 Pizza Dippers (V) (PK)
 SunButter & Jelly Sandwich (V) (PK)
 Fiesta Salad (V) (PK) with Chicken or Beans (V)
 Caesar Salad (PK)
 Cucumbers & Baby Carrots
 Frozen Mixed Berry Cup
 Fresh Pineapple (PK)

13

 Turkey Sausage, Egg & Cheese Taco (V) (PK) or Cereal (V) (GF) (PK) + Fruit & Milk
 Chicken Tenders with Dinner Roll (PK)
 Bean & Cheese Pupusa (V) (PK) with Curtido (Salvadoran-style slaw)
 SunButter & Jelly Sandwich (V) (PK)
 Fiesta Salad (V) (PK) with Chicken or Beans (V)
 Ripe Plantain Slides (PK)
 Black Bean & Corn Salad + Oranges (PK)
 Strawberry Kiwi Juice Box (PK)
 Whole Grain Heart Cookie (PK)

February Menu Promotions


Strawberry Milk - Available on Mondays


 Celebrate Healthy Heart Week
 Fresh Kiwi - Tuesday, February 3

 Strawberry Kiwi Juice - Available on Fridays
 (100% Juice - No Sugar Added)

 Whole Grain Heart Cookie - Friday, February 13
 (No Artificial Colors, Sweeteners or Preservatives)

23

 Whole Wheat Pancakes (V) (PK) or Cereal (V) (GF) (PK) + Fruit & Milk
 Chicken Lo Mein (V)
 Ramen noodles mixed with peas, carrots and Asian sauce topped with chicken bites
 Pizza Dippers (V) (PK)
 SunButter & Jelly Sandwich (V) (PK)
 Mediterranean Salad with Chicken or Beans (V)
 Garlic Green Beans (PK)
 Garden Side Salad
 Apples
 Mango (PK)
 Strawberry & Chocolate Milk (PK)

24

 Banana Muffin with Yogurt (V) (PK) or Cereal (V) (GF) (PK) + Fruit & Milk
 Crispy Beef Tacos (V) (PK)
 Fish Tacos (V) (PK) with Pineapple Pico de Gallo
 SunButter & Jelly Sandwich (V) (PK)
 Mediterranean Salad with Chicken or Beans (V)
 Seasoned Corn (PK)
 Garden Side Salad
 Frozen Diced Peach Cup
 Bananas (PK)

25

 Chicken Biscuit (V) or Cereal (V) (GF) (PK) + Fruit & Milk
 Roasted Drumstick with Shells & Cheese (PK)
 Shells & Cheese (V) (PK)
 SunButter & Jelly Sandwich (V) (PK)
 Mediterranean Salad with Chicken or Beans (V)
 Pretty Peas (PK)
 Cucumbers & Mini Peppers
 Chilled Strawberries
 Oranges (PK)

26

 French Toast Sticks (V) (PK) or Cereal (V) (GF) (PK) + Fruit & Milk
 Chicken Burger (V) (PK)
 Cheese Enchiladas (V) (GF) (PK) with Spanish Rice
 SunButter & Jelly Sandwich (V) (PK)
 Mediterranean Salad with Chicken or Beans (V)
 Refried Pinto Beans
 Cucumbers & Mini Peppers
 Fresh Pineapple
 Applesauce (PK)

27

 Turkey Sausage, Egg & Cheese Taco (V) (PK) or Cereal (V) (GF) (PK) + Fruit & Milk
 Chicken Bites with Dinner Roll (PK)
 Organic Bean & Cheese Burrito (V) (PK)
 SunButter & Jelly Sandwich (V) (PK)
 Mediterranean Salad with Chicken or Beans (V)
 Fresh Steamed Broccoli (PK)
 Cucumbers & Mini Peppers
 Strawberry Kiwi Juice Box (PK)
 Apples (PK)

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