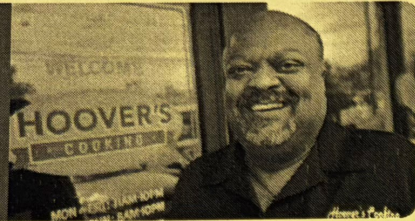


Celebrating Black History Month


We recognize
Hoover Alexander
for helping to
preserve and celebrate
Southern and soul food
traditions in Austin.



- Hoover Alexander is a fifth-generation Texan and native East Austinite.
- He grew up visiting his family farm in Utley, picking fresh vegetables and learning to love real, "farm-to-table" cooking long before that idea became popular.
- He discovered his love for food while working many jobs in restaurants while attending the University of Texas, starting with bussing tables and washing dishes before learning to cook and manage kitchens.
- Hoover trained at famous Austin spots and learned from community chefs before opening his own restaurant.
- In 1998, he opened Hoover's Cooking, where he blends the Texas farm-fresh food of his childhood with Southern, Cajun, and other traditions.


Visit Hoover's Cooking at 2002 Manor Road, Austin, TX 78722.

Source: HooversCooking.com

   **February 23-27**   

**Join us in celebrating Austin ISD
Food Service & Warehouse Workers
Appreciation Week!**

Menu Notes



















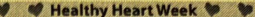






















































































 We offer low fat and fat free milk daily at breakfast and lunch. K-12 students are not required to take milk.

Per federal guidelines, **Pre-K students** receive a set plate of vegetables, fruit, 1% unflavored milk, and choice of entree. Contact your school's café manager for dietary questions. The icon (PK) used on the menu to the right identifies daily Pre-K selections.

       Pre-K Selections

Menus are subject to change.
Austin ISD is an equal opportunity provider.

February 2026 - Elementary Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2  Biscuit with Turkey Sausage    or Cereal    + Fruit & Milk Beef Hot Dog  Italian Grilled Cheese    SunButter & Jelly Sandwich    Chef Salad with Turkey or Beans  Roasted Cauliflower  Garden Side Salad Frozen Strawberry Cup • Apples  Strawberry & Chocolate Milk 	3  Snack'n Waffle    or Cereal    + Fruit & Milk Hamburger  Veggie Burger    SunButter & Jelly Sandwich    Chef Salad with Turkey or Beans  Curly Fries  Garden Side Salad Bananas Fresh Kiwi 	4  Healthy Heart Week  Egg & Cheese Bagel    or Cereal    + Fruit & Milk Penne Alfredo and Garlic Bread    SunButter & Jelly Sandwich    Chef Salad with Turkey or Beans  Fresh Steamed Broccoli  Cucumbers & Cherry Tomatoes Dried Sour Berries Oranges 	5  French Toast Sticks    or Cereal    + Fruit & Milk Beef Tamale    with Spanish Rice Cheese Quesadilla    SunButter & Jelly Sandwich    Chef Salad with Turkey or Beans  Zesty Black Beans  Cucumbers & Cherry Tomatoes Chilled Strawberries Applesauce 	6  Bean & Cheese Taco    or Cereal    + Fruit & Milk Pepperoni Pizza Cheese Pizza    SunButter & Jelly Sandwich    Chef Salad with Turkey or Beans  Caesar Salad  Cucumbers & Cherry Tomatoes Strawberry Kiwi Juice Box  Chilled Blueberries 
9 Whole Wheat Pancakes    or Cereal    + Fruit & Milk BBQ Drumstick with Cornmeal Super Star Rebelyous Kickin' Tenders    with Cornmeal Super Star SunButter & Jelly Sandwich    Fiesta Salad    with Chicken or Beans  Simple Succotash  Garden Side Salad Apples • Mango  Strawberry & Chocolate Milk 	10 Banana Muffin with Yogurt    or Cereal    + Fruit & Milk Chicken Burger  Turkey Power Pack  Turkey, Cheese, Wheat Thins, Carrots, Apple Slices SunButter & Jelly Sandwich    Fiesta Salad    with Chicken or Beans  Sweet Potato Fries  Garden Side Salad Bananas Sliced Peaches 	11 Chicken Biscuit    or Cereal    + Fruit & Milk Pancakes with Turkey Sausage  Strawberry Yogurt Parfait    SunButter & Jelly Sandwich    Fiesta Salad    with Chicken or Beans  Tater Tots  Cucumbers & Baby Carrots Orange Juice Chilled Blueberries 	12 French Toast Sticks    or Cereal    + Fruit & Milk Chicken Alfredo Flatbread  Pizza Dippers    SunButter & Jelly Sandwich    Fiesta Salad    with Chicken or Beans  Caesar Salad  Cucumbers & Baby Carrots Frozen Mixed Berry Cup Fresh Pineapple 	13 Turkey Sausage, Egg & Cheese Taco    or Cereal    + Fruit & Milk Chicken Tenders with Dinner Roll Bean & Cheese Pupusa    with Curtido (Salvadoran-style slaw) SunButter & Jelly Sandwich    Fiesta Salad    with Chicken or Beans  Ripe Plantain Slides  Black Bean & Corn Salad • Oranges  Strawberry Kiwi Juice Box  Whole Grain Heart Cookie 
February Menu Promotions				
 Strawberry Milk • Available on Mondays				
Celebrate Healthy Heart Week Fresh Kiwi • Tuesday, February 3				
 Strawberry Kiwi Juice • Available on Fridays (100% Juice - No Sugar Added)				
Whole Grain Heart Cookie • Friday, February 13 (No Artificial Colors, Sweeteners or Preservatives)				
23 Whole Wheat Pancakes    or Cereal    + Fruit & Milk Chicken Lo Mein    <i>Ramen noodles mixed with peas, carrots and Asian sauce topped with chicken bites</i> Pizza Dippers    SunButter & Jelly Sandwich    Mediterranean Salad with Chicken or Beans  Garlic Green Beans  Garden Side Salad Apples Mango  Strawberry & Chocolate Milk 	24 Banana Muffin with Yogurt    or Cereal    + Fruit & Milk Crispy Beef Tacos    Fish Tacos    with Pineapple Pico de Gallo SunButter & Jelly Sandwich    Mediterranean Salad with Chicken or Beans  Seasoned Corn  Garden Side Salad Frozen Diced Peach Cup Bananas 	25 Chicken Biscuit    or Cereal    + Fruit & Milk Roasted Drumstick with Shells & Cheese  Shells & Cheese    SunButter & Jelly Sandwich    Mediterranean Salad with Chicken or Beans  Pretty Peas  Cucumbers & Mini Peppers Chilled Strawberries Oranges 	26 French Toast Sticks    or Cereal    + Fruit & Milk Chicken Burger  Cheese Enchiladas    with Spanish Rice SunButter & Jelly Sandwich    Mediterranean Salad with Chicken or Beans  Refried Pinto Beans Cucumbers & Mini Peppers Fresh Pineapple Applesauce 	27 Turkey Sausage, Egg & Cheese Taco    or Cereal    + Fruit & Milk Chicken Bites with Dinner Roll Organic Bean & Cheese Burrito    SunButter & Jelly Sandwich    Mediterranean Salad with Chicken or Beans  Fresh Steamed Broccoli  Cucumbers & Mini Peppers Strawberry Kiwi Juice Box  Apples 