

### **Donate to Austin ISD** Student Meal Accounts in Need

At AISD, we provide all students with healthy, tasty meals, regardless of their account status or ability to pay. Students unable to pay are not identified in any way and may select the menued foods of their choice as their courtesy meal.

Community donations help pay off negative account balances, offsetting the cost of meals for students who do not qualify for free or reduced-price meals.





## Special Holiday Cookie Free with a Lunch Meal Thursday, December 11

This whole grain cookie is made with naturally derived ingredients and contains no artificial colors, sweeteners, or preservatives.

Download our mobile app to access all your school meal needs!





View Daily Menus, Nutritional Information and Allergens

# **Menu Notes**



We offer low fat and fat free milk daily at breakfast and lunch. K-12 students are not required to take milk.



Per federal guidelines, Pre-K students receive a set plate of vegetables, fruit, 1% unflavored milk, and choice of entree. Contact your school's café manager for dietary questions. The icon (®) used on the menu to the right identifies daily Pre-K selections.











Menus are subject to change. Austin ISD is an equal opportunity provider.

### **December 2025** - Elementary Breakfast & Lunch Menu

Monday

French Toast Sticks (V)(R) or Cereal @ 198 + Fruit & Milk Pepperoni Pizza (R)

> Cheese Pizza (V)(PK)

SunButter & Jelly Sandwich (P) (P) Pretty Peas (PK)

> Applesauce · Mango (PK) Chocolate Milk

Chicken Biscuit (R) or Cereal @@®+ Fruit & Milk

Beef Hot Dog

Italian Grilled Cheese W ® SunButter & Jelly Sandwich

(P) (P) Chef Salad with Turkey or Beans

Roasted Cauliflower (K) Garden Side Salad Frozen Strawberry Cup • Apples® Chocolate Milk

Whole Wheat Pancakes V® or Cereal @@®+ Fruit & Milk BBQ Drumstick®

Winter Menu

Our winter menu cycle begins

on December 8, bringing

new options and more variety

for Austin ISD students.

Turkey Power Pack® BBQ Rebellyous Tenders (978) with Cornmeal Super Star Turkey, Cheese, Wheat Thins, Carrots, Apple Slices SunButter & Jelly Sandwich SunButter & Jelly Sandwich (P)(P) (P)(P)

Fiesta Salad ® Fiesta Salad ® with Chicken or Beans with Chicken or Beans Simple Succotash (R) - Garden Side Salad Sweet Potato Fries (PK) Apples · Mango PK) Garden Side Salac Chocolate Milk Bananas - Sliced Peaches (PK)

Wednesday

Snack'n Waffle (V)(PX) Turkey Sausage Biscuit® or Cereal @@ + Fruit & Milk or Cereal (VG) (P) + Fruit & Milk **Crispy Beef Tacos** BBQ Drumstick @ with Biscuit ®

Rebellyous Kickin' Tenders Tex-Mex Pizza with Biscuit (P)

Tuesday

SunButter & Jelly Sandwich

Mediterranean Salad

with Chicken or Beans

Zesty Black Beans (PK)

Garden Side Salad

Chilled Blueberries • Bananas (K)

Snack'n Waffle (VPK)

or Cereal @ @ + Fruit & Milk

Hamburger (\*) (\*)

Veggie Burger

W & W

SunButter & Jelly Sandwich

Chef Salad

with Turkey or Beans

Curly Fries (K)

Garden Side Salad

Pear Crisp • Bananas (R)

Muffin with Yogurt V®

or Cereal @ ®+ Fruit & Milk

Chicken Burger (R)

SunButter & Jelly Sandwich

Mediterranean Salad with Chicken or Beans Simple Succotash (R) Cucumbers & Mini Peppers Grapes • Applesauce (R)

10 Turkey Sausage & Cheese Bagel® or Cereal @@®+ Fruit & Milk **Penne Alfredo** 

and Garlic Bread TOM SunRutter & Jelly Sandwich (PR)

**Chef Salad** with Turkey or Beans

Chicken Biscuit®

or Cereal @@PB+ Fruit & Milk

**Pancakes** with Turkey Sausage®

Strawberry Yogurt Parfait 70 18

SunButter & Jelly Sandwich

Fiesta Salad ®

with Chicken or Beans

Tater Tots(PK)

Cucumbers & Baby Carrots Orange Juice • Chilled Blueberries (PK)

Fresh Steamed Broccoli Cucumbers & Cherry Tomatoes Dried Sour Berries • Oranges (K) 17

Thursday

Whole Wheat Pancakes (V)(P) or Cereal (VO) + Fruit & Milk Orange Chicken with Fried Rice R

Edamame with Fried Rice

SunButter & Jelly Sandwich

Mediterranean Salad with Chicken or Beans Garlic Green Beans® Cucumbers & Mini Peppers Chilled Strawberries • Oranges (1)

French Toast Sticks (7)(R) or Cereal @@ + Fruit & Milk Chicken Tamale FR with Spanish Rice

Cheese Quesadilla (7) SunButter & Jelly Sandwich

Chef Salad with Turkey or Beans Zesty Black Beans (R) Cucumbers & Cherry Tomatoes Grapes · Applesauce (PK) Holiday Star Cookie (K)

French Toast Sticks V® or Cereal @ + Fruit & Milk Chicken Alfredo Flatbread (%)

Pizza Dippers with Marinara V® SunButter & Jelly Sandwich (P)

> Fiesta Salad (F) with Chicken or Beans Caesar Salad (PK) Cucumbers & Baby Carrots Frozen Mixed Berry Cup Fresh Pineapple (PK)

Friday

Turkey Sausage Kolache® or Cereal (VI) + Fruit & Milk Chicken Bites (PK)

Lentil Chili Frito Pie (96) SunButter & Jelly Sandwich

> Mediterranean Salad with Chicken or Beans Sweet Potato Fries (R)
> Cucumbers & Mini Peppers Fruit Punch Juice Cup · Apples (PK) Goldfish Crackers (PK)

Bean & Cheese Taco V (\*) or Cereal @@BB+ Fruit & Milk

Pepperoni Pizza 🏵 🕅 Cheese Pizza (V)(PK)

SunButter & Jelly Sandwich

Chef Salad with Turkey or Beans Caesar Salad®

Cucumbers & Cherry Tomatoes Frozen Fruit Punch Juice Cup Chilled Blueberries (PK) 19

Turkey Sausage, Egg & Cheese Taco or Cereal & Fruit & Milk Chicken Tenders with Dinner Roll

SunButter & Jelly Sandwich

(P)(P) Fiesta Salad ® with Chicken or Beans Ripe Plantain Slides (PK) Black Bean & Corn Salad Wild Cherry Frozen Juice Cup Oranges

#### Families can use the community resources below to find free food in their area during the winter break:



Central Texas Food Bank: www.centraltexasfoodbank.org

**United Way for Greater Austin:** www.connectatx.org

Texas Health and Human Services: Call 2-1-1 or (877) 541-7905

to speak to a live operator.

French Toast Sticks V® or Cereal @@®+ Fruit & Milk Chicken Tamale (F)

with Spanish Rice Cheese Quesadilla (V)(K)

SunButter & Jelly Sandwich (9) (P) Chef Salad with Turkey or Beans

Zesty Black Beans (PK) Cucumbers & Cherry Tomatoes Grapes · Applesauce (PK)

or Cereal @ ® + Fruit & Milk Pepperoni Pizza 🗣 🕅 **Cheese Pizza W** 

Bean & Cheese Taco V ( )

SunButter & Jelly Sandwich (P)(P)

Chef Salad with Turkey or Beans Caesar Salad®

**Cucumbers & Cherry Tomatoes** Frozen Fruit Punch Juice Cup Chocolate Chip Cookie ® Chilled Blueberries PK



Snack'n Waffle V® or Cereal @@ + Fruit & Milk Hamburger (\*) Veggie Burger Follow us on

W & PK (P)(P)

0

Social Media

@AustinISDFood

SunButter & Jelly Sandwich

**Chef Salad** with Turkey or Beans Curly Fries (R) Garden Side Salad Pear Crisp • Bananas (PK)

SunButter & Jelly Sandwich (P)(P)

Turkey Sausage & Cheese Bagel®

or Cereal @@PB+ Fruit & Milk

Penne Alfredo

and Garlic Bread (\*\*)

with Turkey or Beans Fresh Steamed Broccoli **Cucumbers & Cherry Tomatoes** 

**Chef Salad** 

Dried Sour Berries • Oranges®