

COUNSELORS' CORNER

WELCOME BACK TO KIKER!

Volume 1
August 26-Sept 2nd



Character Strong



We are excited to announce that we will continue using Character Strong this year. This program teaches skills that will help students be successful in school and in life. We believe that students should have safe, predictable places to learn where they feel included.

Character Strong has three main goals for students: **Be Kind, Be Strong, and Be Well.**

- **Be Kind:** Social skills like listening, friendship, solving conflicts, and leadership. ○ These skills are taught alongside Empathy, Respect, & Cooperation
- **Be Strong:** Skills that help students focus, stay organized, and set goals. ○ These skills are taught alongside Responsibility, Courage, & Perseverance
- **Be Well:** Skills that help students handle their emotions and deal with stress. ○ These skills are taught alongside Gratitude, Honesty, & Creativity



Don't forget to fill out your SB-12 parental consent form by September 1st!



How to Contact Us



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